



Nursing Alumni Spotlight

April 25, 4-5 PM
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Medications for Opioid Use Disorder: Practice Updates, Program Directions, and Discussions

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Alexandria Louisiana VA Health Care Systems
California State University, Chico, BSN 2009
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Major (Retired) Aaron Matthews served 25-year as a nurse in the US Army. His Army nursing career included assignments to Womack Army Medical Center at Fort Bragg NC, Walter Reed National Military Medical Center in Bethesda MD, The 28th Combat Support Hospital in Afghanistan, and Tipler Army Medical Center in Hawaii. Since his retirement from the US Army in July of 2023, he continues with work in rural health systems and with service members. He is currently the Associate Chief of Nursing Services – Mental Health at Alexandria Louisiana VA Health Care Systems. He continues to work with Queens Medical Center in Honolulu Hawaii to develop a prehospital telestroke program.

Learning Outcomes for this Presentation

Through participation in this session, learners will:

- Discuss medications used in the treatment of opioid use disorder (MOUD)
 - Describe current requirements for the DATA-X waiver program
 - Articulate training requirements associated with the Consolidated Appropriations Act of 2023
- Provided by the University of Virginia School of Medicine and School of Nursing.

UVA School of Nursing Alumni Spotlight Series Description:

Leadership in clinical practice, research and scholarship is critical to ongoing practice excellence, promotion of improved outcomes for patients, families, and communities, and the expansion of knowledge in health and health care delivery. The UVA School of Nursing Alumni Spotlight Series support the development of the community of students, clinicians, scholars, and alumni by focusing on examples of practice excellence, leadership, and the latest research findings.

Target Audience: Nurses, Physicians, Students, and Researchers.

Desired Outcomes

Upon completion of this learning activity, participants should be able to:

- discuss examples of clinical excellence, evidence-based practice, and/or new scientific knowledge in the context of potential application to clinical practice, education, and future research.
- Apply presentation concepts to their own clinical practice, professional role, and plan for future scholarly development.

Credit Offered

- 1.0 AMA PRA Category 1 Credits™
- 1.0 Contact Hours

- 1.0 IPCE Credits
- 1.0 Hours of Participation

Disclosure of faculty financial affiliations

The University of Virginia School of Medicine and School of Nursing as a Joint Accreditation Provider adhere to the ACCME Standards for Integrity and Independence in Accredited Continuing Education, released in December 2020, as well as Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines. As the accredited provider for this CE/IPCE activity, we are responsible for ensuring that healthcare professionals have access to professional development activities that are based on best practices and scientific integrity that ultimately supports the care of patients and the public.

All individuals involved in the development and delivery of content for an accredited CE/IPCE activity are expected to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stockholder, member of speakers bureau, etc.). The University of Virginia School of Medicine and School of Nursing employ appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to the University of Virginia School of Medicine and School of Nursing of the University of Virginia, Charlottesville, Virginia.

The faculty, staff, and planning committee engaged in the development of this CE/IPCE activity in the Joint Accreditation CE Office of the School of Medicine and School of Nursing have no financial affiliations to disclose.

Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices

As a Joint Accreditation provider, the University of Virginia School of Medicine and School of Nursing, requires that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

Disclosures:

The following speaker has no personal or professional relationships with a commercial entity producing healthcare goods or services: J. Aaron Matthews, DNP, RN, AGCNS-BC, CEN.

The following planning committee members have no personal or professional relationships with a commercial entity producing healthcare goods or services: Kathryn Laughon, PhD, RN, FAAN, Course Director, Megan B. Gosnell, DNP, RN, CCRN, AG-ACNP, Julie Haizlip, MD, MAPP, FNAP, Alicia McCarthy, MSN, CPNP-AC, Kathryn Reid, PhD, RN, FNP-C, CNL, and Linda L. Hanson, MSM, SONCE Program Manager.

Joshua James, DNP, MSN, RN, ACNP-BC, CHC disclosed a relevant employment relationship with Novo Nordisk.

Beth Quatrara, DNP, RN, CMSRN, ACNS-BC disclosed a relevant relationship as a speaker with the Abbott Health and Nutrition Institute.

All relevant financial affiliations have been mitigated to ensure independence and integrity in the educational content.

Accreditation & Designation Statements



In support of improving patient care, The University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive **1.0** Interprofessional Continuing Education (IPCE) credits for learning and change.

The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine and School of Nursing awards **1.0** contact hours to a nurse who participates in this educational activity and completes the post activity evaluation.

The University of Virginia School of Medicine and School of Nursing, as an accredited provider, awards **1.0** hours of participation (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity.

The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

Questions? Contact Linda Hanson, lh3x@virginia.edu.