

2024
10th
Annual

Updates in
Kidney Transplantation
Optimizing Patient Readiness
for Transplant Success

June 27, 2024

7:30am – 4:00pm



A live, hybrid conference

- In-person at Hillsdale Conference Center,
550 Hillsdale Dr., Charlottesville 22901
- Virtually through Zoom

 **UVA Health**

Provided by the University of Virginia School of Medicine and School of Nursing

AGENDA

7:30 AM	Check-In, Breakfast (provided), and Exhibitors
8:00 AM	Welcome — Barb Shephard, RN, BSN, CCTC
8:15 AM	What Makes a Good Candidate for Kidney Transplant? — Sarthak Virmani, MBBS
8:45 AM	Building the Perfect Support Network — Alexander Larson, LCSW
9:15 AM	Delayed Graft Function — Joseph Leeds, MD
9:45 AM	Break and Exhibitors
10:00 AM	Obesity from a Surgical Perspective — Christina Papageorge, MD
10:30 AM	BMI Criteria: Supporting Weight Loss Goals — Mallory Foster, RD, CNSC, CCTD
11:00 AM	Mock Selection Committee — Multidisciplinary Team
11:45 AM	Lunch (provided) and Exhibitors
12:30 PM	Patient Panel: Identifying Living Donors Anita Sites, RN, MSN, AG-ACNP-BC, CCTC, Moderator
1:15 PM	Pre-emptive Kidney Transplant — Angie Nishio-Lucar, MD
1:45 PM	Break and Exhibitors
2:00 PM	Selecting the Right Deceased Donor Kidney — Jeanne Kamal, MD
2:30 PM	Racial Inequity and Kidney Transplant — Seth McElroy, MSN, RN, CNL, CNOR
3:00 PM	Motivating Patients to Take the Next Step — Ruth Berta, MSW and Jennifer Nelson, MSW
3:45 PM	Closing Remarks and Evaluate to Claim Credit — Barb Shephard, RN, BSN, CCTC
4:00 PM	Adjourn

EXHIBIT SUMMARY

The Joint Accreditation CE Office of the School of Medicine and School of Nursing wishes to thank the following companies for their generous support:

Alexion Pharmaceuticals, Inc.
Novo Nordisk
Sanofi Solid Organ Transplant
Takeda Pharmaceuticals U.S.A. Inc.

CONFERENCE DESIRED OUTCOMES

Upon completion of this learning activity, participants should be able to:

- Describe attributes of a good kidney transplant candidate.
- Discuss key features of a perfect transplant recipient support network.
- Explain different types of deceased donor kidneys that patients may choose to accept for transplant.
- Summarize the impact of obesity as it relates to surgical options for patients considering kidney transplantation.
- Discuss how best to support patient weight loss goals to achieve optimal BMI.
- Describe the process for identifying potential living donors.
- Discuss management of DGF and how best to support patients who return to dialysis after transplant.
- Describe the history of racial inequity for patients awaiting kidney transplant.
- Discuss methods to encourage patients to pursue kidney transplantation.

COURSE FACULTY & PLANNING COMMITTEE

Unless otherwise noted, all faculty and planning committee members are from the University of Virginia.

Ruth Berta, MSW, Clinical Social Worker, UVA Augusta Dialysis

Kenneth Brayman, MD, PhD, FACS, Professor of Surgery, Medicine, Pediatrics and Biomedical Engineering; Director, Kidney, Pancreas and Islet Transplant Programs; Director, Pediatric Renal Transplantation; Director, Center for Cellular Therapy and Biologic Therapeutics; Nabi Professor of Transplantation Sciences*

Alyssa Briske, RDN, Transplant Dietician*

Megan Foley, LCSW, Manager, Social Work Services, East Virginia Region, Fresenius Kidney Care*

Mallory Foster, RD, CNSC, CCTD, Transplant Dietician*

Shannon James, Transplant Financial Coordinator – Kidney/Pancreas

Suzanne Jenkins, MSN, RN, Nurse Education Coordinator*

Emma Johnstone, RN, Transplant Coordinator, Abdominal Transplant*

Jeanne Kamal, MD, Transplant Nephrologist*

Joo Kim, MSN, RN, CNL, Kidney Transplant Coordinator*

Alexander Larson, LCSW, Clinical Social Worker, UVA Transplant Program*

Joseph Leeds, MD, Assistant Professor of Medicine, Division of Nephrology*

Seth McElroy, MSN, RN, CNL, CNOR, Renal Transplant Outreach Coordinator*

Jennifer Nelson, MSW, Clinical Social Worker, UVA Amherst Dialysis

Angie Nishio-Lucar, MD, Associate Professor of Medicine; Program Director, Transplant Nephrology Fellowship; Medical Director, Living Kidney Donor Program*

Christina Papageorge, MD, Assistant Professor of Surgery*

Swati Rao, MD, Transplant Nephrologist*

Anthony Reed, Biomedical Technician and Patient Ambassador*

Barbara Shephard, RN, BSN, CCTC, Renal Transplant Outreach and Physician Education Coordinator; Course Director*

Anita Sites, RN, MSN, AG-ACNP-BC, CCTC, Living Donor Transplant Coordinator*

Rebecca Turner, RD, CNSC, Transplant Dietician*

Carol Vincel, MSN, RN, Nurse Practitioner*

Sarthak Virmani, MBBS, Assistant Professor of Medicine, Division of Nephrology*

Linda Hanson, MSM, Program Manager

**Planning Committee*

DISCLOSURE OF FACULTY FINANCIAL AFFILIATIONS

The University of Virginia School of Medicine and School of Nursing as a Joint Accreditation Provider adhere to the ACCME **Standards for Integrity and Independence in Accredited Continuing Education**, released in December 2020, as well as Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines. As the accredited provider for this CE/IPCE activity, we are responsible for ensuring that healthcare professionals have access to professional development activities that are based on best practices and scientific integrity that ultimately supports the care of patients and the public.

All individuals involved in the development and delivery of content for an accredited CE/IPCE activity are expected to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stockholder, member of speakers bureau, etc.). The University of Virginia School of Medicine and School of Nursing employ appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to the University of Virginia School of Medicine and School of Nursing of the University of Virginia, Charlottesville, Virginia.

The faculty, staff, and planning committee engaged in the development and/or peer review of this CE/IPCE activity in the Joint Accreditation CE Office of the School of Medicine and School of Nursing have no financial affiliations to disclose.

All financial affiliations have been mitigated to ensure independence and integrity in the educational content.

Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices

As a Joint Accreditation provider, the University of Virginia School of Medicine and School of Nursing, requires that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

Disclaimer information: CE activities accredited by University of Virginia School of Medicine and School of Nursing are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind. Learners are not authorized to copy, modify, reproduce, republish, sub-license, sell, upload, broadcast, post, transmit or distribute any of the Course Materials.

Disclosures

No one in a position to control the content of this educational activity has disclosed a relevant financial interest or relationship with any commercial interest.

ACCREDITATION AND DESIGNATION STATEMENTS



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

IPCE Credits



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 6.5 Interprofessional Continuing Education (IPCE) credits for learning and change.

ANCC Contact Hours

The University of Virginia School of Medicine and School of Nursing awards 6.5 contact hours to a nurse who participates in this educational activity and completes the post activity evaluation.

ASWB Credit



As a Jointly Accredited Organization, The University of Virginia School of Medicine and School of Nursing is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program.

Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 6.5 general continuing education credits.

CEPTC Credit

As a designated Approved Provider by the American Board for Transplant Certification (ABTC), University of Virginia Charles O. Strickler Transplant Center grants up to 6.5 Category 1 Continuing Education Points for Transplant Certification (CEPTCs) for this offering. CODE: 162-161

Commission on Dietetic Registration

 the credentialing agency for the
Academy of Nutrition and Dietetics

Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU).

If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).

RD's and DTRs are to select activity type 102 in their Activity Log. Performance Indicator selection is at the learner's discretion.

Hours of Participation

The University of Virginia School of Medicine and School of Nursing awards 6.5 hours of participation (consistent with the designated number of *AMA PRA Category 1 Credit(s)*TM or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

REQUIREMENTS FOR SUCCESSFUL COMPLETION OF THE COURSE

Conference participants requesting credit are required to complete the post-activity evaluation for the conference sessions in which they participate.



UVA Health

HOW TO COMPLETE THE EVALUATION & CLAIM YOUR CREDIT

- Navigate to www.cmevillage.com.
- Click on the [Learning Portal](#) button and select **Sign In** at the top of the screen or in the menu bar. Use the email and password you used to register for this program.
Pop-ups must be enabled for this site.
- Click **My Courses**.
- Next to the name of this conference, click **Claim Credit**. Complete the Evaluation.
- Certificate Preparation: indicate the number of credits you wish to claim for attending this activity. Click **Submit**.
- Click **Print Certificate** or do so later by visiting our website. Click “Learning Portal”, sign in and click “Credit History & Past Certificate”.

**PLEASE NOTE: The post activity evaluation will be available for a 30-day period.
Credit will not be issued after the evaluation period has closed.**

Questions?

Contact Linda L. Hanson, Program Manager, School of Nursing Continuing Education
llh3x@virginia.edu | 434-982-4136

Directions to the Hillsdale Conference Center

Hillsdale Conference Center, 550 Hillsdale Drive, Charlottesville, VA 22901 is three miles from UVA's Central Grounds. Ample parking is available on site.

- Follow Route 29 to Charlottesville
- Turn onto Branchlands Boulevard
- Turn Right onto Hillsdale Drive
- In $\frac{4}{10}$ mile Hillsdale Conference Center will be on your Right.