



## 2025 Heart Failure Symposium

Date: Saturday February 22<sup>nd</sup>, 2025

Time: 8:30 AM – 4:15 PM

Location: UVA Newcomb Hall Ballroom or Zoom

### Agenda

- 8:30 Check-In, Exhibitors, and Breakfast (provided to in-person participants)  
*Location for meals and exhibitors: the Lounge, adjacent to the Ballroom.*
- 8:55 Welcome – S. Craig Thomas, MSN, RN, ACNP, CHFNP
- 9:00 Cardiac Cath Basics – Nicholas Ashur, MD
- 10:00 Where HF and EP Collide – Kenneth Bilchick, MD
- 11:00 Break and Exhibitors
- 11:15 Congenital Heart Disease – Asma S. Habib, MD
- 12:15 Lunch and Exhibitors (provided for in-person participants)
- 1:00 Inflammatory Heart Disease – Antonio Abbate, MD, PhD
- 2:00 Heart Failure Management: From Prescription to PO – Hanna Haddad, PharmD
- 3:00 Break
- 3:15 Panel Presentation: It Takes a Village – A Multidisciplinary Heart Failure Case  
Mirna Dickey, LPC, Elizabeth Enfield, RN, Theresa Guyton, MSN, RN, AG-ACNP, Pace Morris, LPN, Kirstie Perry, PharmD, BCACP
- 4:15 Closing Remarks and Evaluation – S. Craig Thomas, MSN, RN, ACNP, CHFNP

### WiFi Access

Guest WiFi access is available while you are at UVA:

1. Connect to the UVA Guest WiFi network
2. A pop-up window should open automatically (if the page doesn't appear, open a browser & visit [in.virginia.edu/guest](http://in.virginia.edu/guest))
3. Click Connect Now to agree to the Terms & get WiFi

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**Novo Nordisk - Cardiometabolic**

**Zoll**

### **Faculty and Planning Committee**

All are affiliated with UVA unless otherwise noted.

**S. Craig Thomas, MSN, RN, ACNP, CHFN**, Course Director, Cardiovascular Medicine+

**Antonio Abbate, MD, PhD**, Cardiovascular Medicine

**Nicholas Ashur, MD**, Cardiovascular Medicine

**Heather Ball, RN**, Symposium Coordinator, Heart Failure Navigator, Heart and Vascular Center+

**Kenneth Bilchick, MD**, Professor of Medicine, Cardiovascular Medicine

**Carolyn Brady, MSN, RN, ACNP**, Cardiovascular Medicine+

**Mirna Dickey, LPC**, Senior Intensive Case Management Caseworker, International Rescue Committee, Charlottesville, Virginia

**Elizabeth Enfield, RN**, Heart Failure Nurse Navigator, Heart and Vascular Center+

**Theresa Guyton, MSN, RN, AG-ACNP**, Cardiovascular Medicine+

**Asma S. Habib, MD**, Director, UVA Adult Congenital Heart Disease Program

**Hanna Haddad, PharmD**, Cardiology Pharmacy

**Kate Higginson, PA-C**, Cardiovascular Medicine+

**Rebekah McGehee, RN** Care Coordinator+

**Kathleena Pace Morris, LPN**, Advanced Heart Failure+

**Allison K. Perry, PharmD, BCACP**, Cardiology Ambulatory Clinical Pharmacist

**Angela Strickler, MSN, RN, AG-ACNP**, Cardiovascular Medicine+

**Rita Von Seggern, MSN, AG-ACNP**, Advanced Heart Failure Inpatient Service+

**Linda Hanson, MSM**, School of Nursing Continuing Education Program Manager+

+ Planning Committee Member

## Desired Outcomes

Upon completion of this learning activity, participants should be able to:

- Describe the basic hemodynamics measured with a RHC and what might be expected in a patient with heart failure
- Describe how inflammatory disease can contribute to heart failure
- Identify where a patient is on their heart failure trajectory and describe resources available based on their unique needs
- Describe basic anatomy of congenital heart conditions and how it affects patients living into adulthood
- Utilize electrophysiology device management and monitoring for awareness on heart failure and volume management
- Promote use of guideline-directed medical therapy according to the 2022 Guidelines while supporting individual patient needs

## Disclosure of Financial Relationships

UVA Health Continuing Education as a Joint Accreditation Provider adheres to the **ACCME Standards for Integrity and Independence in Accredited Continuing Education**, as well as Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines.

All individuals involved in the development and delivery of content for an accredited CE activity are required to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stock holder, member of speakers bureau, etc.). UVA Health Continuing Education employs appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to UVA Health Continuing Education at [uvacme@uvahealth.org](mailto:uvacme@uvahealth.org).

### **Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices**

As a Joint Accreditation provider, UVA Health Continuing Education requires that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

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### **Disclosures:**

The following faculty disclosed financial relationships as follow:

Name	Relationship	Company
Antonio Abbate, MD, PhD	Consultant	Kiniksa
	Consultant	MonterosaTX
	Consultant	Novo Nordisk

*All financial relationships have been mitigated to ensure independence and integrity in the educational content.*

No one else in a position to control the content of this educational activity has disclosed a relevant financial interest or relationship with any commercial interest.

## Accreditation & Designation Statements



In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 6.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

UVA Health Continuing Education awards 6.0 contact hours to a nurse who participates in this educational activity and completes the post activity evaluation.



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UVA Health Continuing Education, as an accredited provider, awards 6.0 Hours of Participation (consistent with the designated number of ANCC contact hours) to a participant who successfully completes this educational activity.

UVA Health Continuing Education maintains a record of participation for six (6) years.

### Requirements for Successful Completion of the Course

Symposium participants requesting credit are required to complete the post-activity evaluation for the symposium sessions in which they participate.



### How to claim your CE credit:

1. Navigate to CloudCME:
  - o Through the internet: [www.cmevillage.com](http://www.cmevillage.com) or
  - o Through the CloudCME App (download if you haven't already), then enter the organization code: **UVA**
2. Sign In
  - o UVA Employees (if you use a virginia.edu email address): Log-in with your UVA Computing ID.
  - o Non-Employees or UVA Employees who do not use a virginia.edu email address: Log-in with your Email and Password.
3. Select My CE
4. Select Evaluations & Certificates (on the website) or Evaluations (in the app)
5. Select this course, 2025 UVA Heart Failure Symposium
6. Complete the evaluation and claim credit.

**PLEASE NOTE:** The post activity evaluation will only be available for a 30-day period. Credit will not be issued after the evaluation period has closed.

Questions? Email [uvace@uvahealth.org](mailto:uvace@uvahealth.org)

### Questions?

Contact Linda Hanson, School of Nursing Continuing Education Program Manager, [llh3x@virginia.edu](mailto:llh3x@virginia.edu), 434-982-4136.