

# 2025 Heart Failure Symposium

Date: Saturday February 22<sup>nd</sup>, 2025

Time: 8:30 AM – 4:15 PM

A *live*, hybrid conference.

## Overview

This symposium highlights current trends, issues, and newly emerging therapies for the care of individuals diagnosed with heart failure. The team of professionals providing care to individuals with heart failure will extend their knowledge in order to improve care delivery and outcomes for this population in both specialized settings as well as across the continuum of care.

## Locations

- Newcomb Hall, University of Virginia, Charlottesville, VA or
- Virtually, through Zoom

## Agenda

- 8:30 Check-In, Exhibitors, and Breakfast (provided to in-person participants)
- 8:55 Welcome  
S. Craig Thomas, MSN, RN, ACNP, CHFNP
- 9:00 Cardiac Cath Basics  
Nicholas Ashur, MD
- 10:00 Where HF and EP Collide  
Kenneth Bilchick, MD
- 11:00 Break and Exhibitors
- 11:15 Congenital Heart Disease  
Asma S. Habib, MD
- 12:15 Lunch and Exhibitors (provided to in-person participants)
- 1:00 Inflammatory Heart Disease  
Antonio Abbate, MD, PhD
- 2:00 How to Make Medications Affordable and Patients Take Them  
Hanna Haddad, PharmD
- 3:00 Break
- 3:15 Panel Presentation: Resources for Complex HF Care  
Heather Ball, RN, Mirna Dickey, LPC, Elizabeth Enfield, RN, Theresa Guyton, MSN, RN, AG-ACNP, Pace Morris, LPN, Kirstie Perry, PharmD, BCACP
- 4:15 Closing Remarks and Evaluation

*An electronic syllabus will be provided to all who register for the symposium.*

## Faculty and Planning Committee

All are affiliated with UVA unless otherwise noted.

**Antonio Abbate, MD, PhD**, Cardiovascular Medicine

**Nicholas Ashur, MD**, Cardiovascular Medicine

**Heather Ball, RN**, Symposium Coordinator, Heart Failure Navigator, Heart and Vascular Center<sup>+</sup>

**Kenneth Bilchick, MD**, Professor of Medicine, Cardiovascular Medicine

**Carolyn Brady, MSN, RN, ACNP**, Cardiovascular Medicine<sup>+</sup>

**Mirna Dickey, LPC**, Senior Intensive Case Management Caseworker, International Rescue Committee, Charlottesville, Virginia

**Elizabeth Enfield, RN**, Heart Failure Nurse Navigator, Heart and Vascular Center<sup>+</sup>

**Theresa Guyton, MSN, RN, AG-ACNP**, Cardiovascular Medicine<sup>+</sup>

**Asma S. Habib, MD**, Director, UVA Adult Congenital Heart Disease Program

**Hanna Haddad, PharmD**, Cardiology Pharmacy

**Kate Higginson, PA-C**, Cardiovascular Medicine<sup>+</sup>

**Rebekah McGehee, RN** Care Coordinator<sup>+</sup>

**Kathleena Pace Morris, LPN**, Advanced Heart Failure<sup>+</sup>

**Allison K. Perry, PharmD, BCACP**, Cardiology Ambulatory Clinical Pharmacist

**Angela Strickler, MSN, RN, AG-ACNP**, Cardiovascular Medicine<sup>+</sup>

**S. Craig Thomas, MSN, RN, ACNP, CHFNP**, Course Director, Cardiovascular Medicine<sup>+</sup>

**Rita Von Seggern, MSN, AG-ACNP**, Advanced Heart Failure Inpatient Service<sup>+</sup>

**Linda Hanson, MSM**, School of Nursing Continuing Education Program Manager<sup>+</sup>

+ Planning Committee Member

## Target Audience

Nurses, Advanced Practice Nurses, Physician Assistants, Physicians, Pharmacists, Social Workers, Nutritionists, and members of the health care team caring for individuals with heart failure.

## Desired Outcomes

Upon completion of this learning activity, participants should be able to:

- Describe the basic hemodynamics measured with a RHC and what might be expected in a patient with heart failure
- Describe how inflammatory disease can contribute to heart failure
- Identify where a patient is on their heart failure trajectory and describe resources available based on their unique needs
- Describe basic anatomy of congenital heart conditions and how it affects patients living into adulthood
- Utilize electrophysiology device management and monitoring for awareness on heart failure and volume management
- Promote use of guideline-directed medical therapy according to the 2022 Guidelines while supporting individual patient needs

## Accreditation & Designation Statements



In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Left auricular appendix



This activity was planned by and for the healthcare team, and learners will receive 6.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

aortic opening



UVA Health Continuing Education awards up to 6.0 contact hours to a nurse who participates in this educational activity and completes the post activity evaluation.

Cavity of left ventricle

UVA Health Continuing Education has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

UVA Health Continuing Education, as an accredited provider, awards 6.0 hours of participation (consistent with the designated number of ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.

## Requirements for Successful Completion of the Course

Symposium participants requesting credit are required to complete the post-activity evaluation for the symposium sessions in which they participate.

## Questions?

Contact Linda Hanson, School of Nursing Continuing Education Program Manager, [llh3x@virginia.edu](mailto:llh3x@virginia.edu), 434-982-4136.

## Credit Offered

6.0 IPCE Credits  
6.0 Contact Hours  
6.0 AAPA Category 1 CME Credits  
6.0 Hours of Participation

## Registration

(closes February 16<sup>th</sup>, 2025)

Registration and payment are available through direct link:

<https://UVA.cloud-cme.com/hfs2025>

or scan the QR code with your smart phone:



Please note the cancellation policy included here:

<https://UVA.cloud-cme.com/hfs2025>

Fees:	through Feb. 8	Feb. 9 through 16
• Attendee	\$45	\$50
• UVA Employee	\$25	\$30

