

2025  
11<sup>th</sup>  
ANNUAL

Annual Updates in

# Kidney Transplantation

June 18, 2025

7:30am – 3:30pm



A live, hybrid conference!

- Hillsdale Conference Center  
550 Hillsdale Drive, Charlottesville, VA, 22901
- Virtually through Zoom



**UVA Health**

UVA Health Continuing Education

## Agenda

7:30 AM	Check-In, Breakfast (provided for in-person participants), and Exhibitors
7:55 AM	Welcome — Barb Shephard, BSN, RN, CCTC
8:00 AM	Living Donor First — Anita Sites, RN, MSN, AG-ACNP-BC, CCTC
8:30 AM	Pre-Transplant Evaluation Testing — Emma Johnstone, RN
9:00 AM	Motivational Interviewing — Alexander Larson, MSW, LCSW
9:30 AM	Break and Exhibitors
9:45 AM	Multi-Organ Transplant — Alden Doyle, MD, MS, MPH, FAST
10:30 AM	Patient Panel — Anita Sites, RN, MSN, AG-ACNP-BC, CCTC, Moderator
11:15 AM	Spiritual Barriers to Transplant — Seth McElroy, MSN, RN, CNL, CNOR
11:45 AM	Updates on Belatacept — Sarthak Virmani, MBBS
12:15 PM	Lunch (provided for in-person participants) and Exhibitors
1:00 PM	Post-Transplant Complications — Carol Vincel, MSN, RN
1:30 PM	Delayed Graft Function — Joseph Leeds, MD
2:00 PM	Break and Exhibitors
2:15 PM	Post-Transplant Diabetes Mellitus — Meaghan M. Stumpf, MD
2:45 PM	Nutrition & Weight Loss — Alyssa Briske, RDN
3:15 PM	Pop Quiz Recap — Barb Shephard, BSN, RN, CCTC
3:30 PM	Evaluate and Adjourn

## Exhibit Summary

UVA Health Continuing Education wishes to thank the following companies for their participation in our exhibits program:

**Alexion Pharmaceuticals**

**Calliditas Therapeutics US, Inc.**

**CareDx, Inc.**

**Malinta Therapeutics**

**Sanofi SOT**

**Shionogi**

**Takeda Pharmaceuticals**

## Conference Desired Outcomes

At the conclusion of this activity, learners will be able to:

- Discuss how a patient's spirituality may impact their ability to accept a kidney transplant and how the transplant team can address potential barriers.
- Describe how motivational interviewing can be utilized to help patients achieve their transplant goals.
- Identify best practice to encourage weight loss for patients who struggle to meet BMI criteria enabling them to be active on the kidney transplant wait list.
- Describe management of post-transplant diabetes for patients who have undergone kidney transplant.
- Discuss post-operative complications of kidney transplant and most common reasons for readmission after kidney transplant.
- Discuss multi-organ transplant, the timing of such surgeries, and which patients benefit from this approach.
- Review anti-rejection treatment regimens that include monthly Belatacept and which patients are best suited to this immunosuppressive medication.
- Describe the process of evaluating a patient for kidney transplant and how critical this thorough testing is to outcomes after transplant.
- Discuss delayed graft function and its impact on a kidney transplant recipient, their family, and dialysis unit staff.

## Course Faculty and Planning Committee (\*denotes Planning Committee Member)

Unless otherwise noted, all faculty and planning committee members are from the University of Virginia.

Barbara Shephard, BSN, RN, CCTC, Manager, Transplant Outreach, Course Director\*

Alyssa Briske, RDN, Kidney Transplant Dietician\*

Alden Doyle, MD, MS, MPH, FAST, Quality Director of Transplant

Mallory Foster, RD, CNSC, CCTD, Transplant Dietician\*

Emma Johnstone, RN, Transplant Coordinator, Abdominal Transplant\*

Jeanne Kamal, MD, Transplant Nephrologist\*

Alexander Larson, MSW, LCSW, Clinical Social Worker, UVA Transplant Program\*

Joseph Leeds, MD, Assistant Professor of Medicine, Division of Nephrology\*

Seth McElroy, MSN, RN, CNL, CNOR, Renal Transplant Outreach Coordinator\*

Angie Nishio-Lucar, MD, Associate Professor of Medicine; Program Director, Transplant Nephrology Fellowship; Medical Director, Living Kidney Donor Program\*

Christina Papageorge, MD, Assistant Professor of Surgery\*

Swati Rao, MD, Transplant Nephrologist\*

Anthony Reed, Biomedical Technician and Patient Ambassador\*

Anita Sites, RN, MSN, AG-ACNP-BC, CCTC, Living Donor Transplant Coordinator\*

Meaghan M. Stumpf, MD, Endocrinology\*

Carol Vincel, MSN, RN, Nurse Practitioner\*

Sarthak Virmani, MBBS, Assistant Professor of Medicine, Division of Nephrology\*

Linda Hanson, MSM, Continuing Education Program Manager\*

## Disclosure of Financial Relationships

UVA Health Continuing Education as a Joint Accreditation Provider adheres to the *ACCME Standards for Integrity and Independence in Accredited Continuing Education*, as well as Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines.

All individuals involved in the development and delivery of content for an accredited CE activity are required to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stockholder, member of speaker's bureau, etc.). UVA Health Continuing Education employs appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to UVA Health Continuing Education at [uvacme@uvahealth.org](mailto:uvacme@uvahealth.org).

### Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices

As a Joint Accreditation provider, UVA Health Continuing Education requires that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

**Disclaimer Information:** CE activities accredited by UVA Health Continuing Education are offered solely for educational purposes and do not constitute any form of certification of competency. Learners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind. Learners are not authorized to copy, modify, reproduce, re-publish, sub-license, sell, upload, broadcast, post, transmit or distribute any of the course materials.

## Disclosures

The following faculty and planners have disclosed financial relationships as follows:

Name	Relationship	Company
Jeanne Kamal, MD	Grant or research support	Alexion Pharmaceuticals
	Grant or research support	Cerium Pharmaceuticals, Inc.

All financial relationships have been mitigated to ensure independence and integrity in the educational content.

No one else in a position to control content has disclosed any financial relationships.

## Requirements for Successful Completion of the Course

Conference participants requesting credit are required to complete the post-activity evaluation for the conference sessions in which they participate.



## Accreditation and Designation Statements



In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### IPCE Credit



This activity was planned by and for the healthcare team, and learners will receive **6.0 Interprofessional Continuing Education (IPCE) credit** for learning and change.

### ANCC Contact Hours

UVA Health Continuing Education awards **6.0 contact hours** to a nurse who participates in this educational activity and completes the post activity evaluation.

### ASWB Credit



As a Jointly Accredited Organization, UVA Health Continuing Education is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program.

Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive **6.0** general continuing education credits.



Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU).

If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).

RD's and DTRs are to select activity type 102 in their Activity Log. Performance Indicator selection is at the learner's discretion.

### CEPTC Credit

As a designated Approved Provider by the American Board for Transplant Certification (ABTC), University of Virginia Charles O. Strickler Transplant Center grants up to **6.0 Category 1 Continuing Education Points for Transplant Certification (CEPTCs)** for this offering. **CODE: 162-163**

### Hours of Participation

UVA Health Continuing Education awards **6.0 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)*<sup>TM</sup> or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.





# UVA Health

## Continuing Education

*Provided by the School of Medicine and School of Nursing*

### How to claim your CE credit

- Navigate to CloudCME:
  - Through the internet: [www.cmevillage.com](http://www.cmevillage.com) or
  - Through the CloudCME App (download if you haven't already), then enter the organization code: UVA
- Sign In
  - UVA Employees (if you use a virginia.edu email address): sign-in with your UVA Computing ID.
  - Non-Employees or UVA Employees who do not use a virginia.edu email address: sign-in with your email and password.
- Select My CE
- Select Evaluations & Certificates (on the website) or Evaluations (in the app)
- Select this course, 2025 Updates in Kidney Transplantation
- Complete the evaluation and claim credit

Please Note: The post activity evaluation will only be available for a 30-day period. Credit will not be issued after the evaluation period has closed.

**Questions?**  
Contact  
[uvace@uvahealth.org](mailto:uvace@uvahealth.org)

