

# 2024 ADVANCED PRACTICE CONFERENCE: Advancing PrOfessional Growth, Education, and Excellence (APOGEE)

expanding excellence in advanced practice  
across the continuum

October 10-11  
2024  
7am-5pm

UVA Newcomb Hall  
180 McCormick Rd  
Charlottesville, VA

ADVANCED PRACTICE

# APOGEE

2024 CONFERENCE

Advancing PrOfessional Growth,  
Education & Excellence



Provided by the University of Virginia School of Medicine and School of Nursing

# OVERVIEW

The 2024 APOGEE\* conference is your Central Virginia destination for expanding clinical knowledge, learning about novel, evidence-based treatments and therapies, and networking with diverse colleagues. The advanced practice clinician already navigates many challenges faced by their patients and families. This conference will feature lectures, case studies, and interactive sessions on complex medical and nursing management of acute and chronic illness through the care continuum and across the lifespan, expanding excellence in clinical care and sophistication of medical decision making. High-level, evidence-based review of the risks, benefits, and potential side effects of advanced pharmacological therapies encountered across the continuum will be included. Professional practice and development sessions will explore developing advanced practice leadership structures and business models, leadership and professional role optimization, outcomes reporting, billing models and fiscal responsibility. The impact of health disparities and its intersection with community health in the delivery of coordinated, comprehensive interdisciplinary care will be a distinct thread in multiple sessions.

*\*the farthest or highest point: culmination*



## TARGET AUDIENCE:

Advanced practice providers/clinicians across the continuum of care, spanning inpatient, outpatient, and community healthcare settings.

## DESIRED OUTCOMES:

Upon completion of this learning activity, participants should be able to:

- Implement current evidence-based team-care approaches for a variety of conditions spanning the continuum of care and throughout the lifespan.
- Apply advanced pharmacological therapies across the continuum of care based on current, high-level evidence-based review of indications, risks, benefits, and potential side effects for selected therapies.
- Deliver complex care across the continuum of care and settings of care as a full collaborative partner within the multidisciplinary care team.
- Utilize tools provided at this conference to increase their leadership abilities, expand their role, or incorporate fiscal responsibility as an advanced practice provider.
- Utilize community partnerships to address health disparities while emphasizing coordinated, comprehensive, interdisciplinary care across the continuum.

## CREDIT OFFERED:

- 16.75 AAPA Category 1 CME Credits
- 16.75 Contact Hours
- 16.75 Hours of Participation
- 16.75 IPCE Credits

An electronic syllabus will be provided to all who register for the conference. See the conference website for additional information and resources: <https://www.nursing.virginia.edu/sonce/advanced-practice-conference-2024>

ADDITIONAL INFO



# AGENDA

## DAY 1 AGENDA

TIME	TOPIC	PRESENTER
7:00-7:55	Registration, Breakfast (provided), and Exhibitors	
7:25-7:45	Gratitude Practice	
7:55-8:00	Opening Remarks	Kathleen Haden, PhD, RN, ANP
<b>SESSION 1: PROFESSIONAL PRACTICE UPDATES</b>		
8:00-8:25	Laying the Foundation: Embarking on a Center of Excellence for Advanced Practice	Bill Lombardi, DNP, RN, AGACNP-BC, CCRN
8:25-8:50	Your Work has Meaning: Tracking Data for Role Optimization in Advanced Practice	Suzanne Waters MS, FNP, APRN-BC
8:50-9:15	Stepping Up: APPs Leading in Healthcare in the 21st Century	Rebekah Compton, MBA, DNP, RN, FNP-BC
9:15-10:00	It's All in the Details: Documentation Optimization for Billing Accuracy	Lauren Broadhurst, CPC, Alexia Gable, CPC & Isabel Wright, CPC
10:00-10:45	Cautionary Tales: A Case-Based Review of Medical Legal Considerations in Advanced Practice	Rachel D.G. Horvath, JD
10:45-11:00	Break and Exhibitors	
<b>SESSION 2: CLINICAL PRACTICE UPDATES: ACROSS THE CONTINUUM</b>		
<b>Adult Breakout</b>		
11:00-11:45	Last Known Well: The Long Journey Traveled in Stroke Recovery	Keri Johnson, MSN, FNP-C & Steven Wiseman, NP
11:45-12:30	Expedited: The Patient, the Path, and the Team in Lung Transplant Care	Rachel Anderson, ACNP, CCTC & Carson Shoemaker, PharmD
<b>Pediatric Breakout</b>		
11:00-11:45	A Myriad of Needs: Caring for the Medically Complex Child	Joy Miller, MSN, RN, CPNP-PC, CHPPN & Sarah Lepore, MSN, NNP-BC
11:45-12:30	Little Hearts, Big Problems: The Story of the Congenital Heart Patient	Lisa Fuzy, MS, AGACNP-BC, CPNP-AC & Marta Moore, MSN, RN, CPNP-AC
<b>Advance Care Planning Breakout</b>		
11:00-11:30	Future Unknown: Practical Steps in Advance Care Planning	Candace Blades, JD, RN
11:30-12:00	When the Talking Gets Tough: Communication Skills When Illness Takes a Turn for the Worse	Meg Barclay, ACNP
12:00-12:30	Conflict Unraveled: Ethical Considerations at the End of Life	Mary-Faith Marshall, PhD, FCCM
12:30-1:15	LUNCH (provided) and Exhibitors	
<b>SESSION 3: CLINICAL PRACTICE UPDATES: ADDICTION, WITHDRAWAL, AND COPING</b>		
1:15-1:45	Addiction: Understanding the Pathways, the Patients, and the Persistence in Addiction Care	Nassima Ait-Daoud Tiouririne, MD & J. Andrew Legan, MD
1:45-2:15	Working Without: The Process of Withdrawal from Community to the Bedside	Nassima Ait-Daoud Tiouririne, MD & J. Andrew Legan, MD
2:15-2:45	Hope and Help: The Continuum of Care in Drug Addiction and Relapse Prevention	Nassima Ait-Daoud Tiouririne, MD & J. Andrew Legan, MD
2:45-3:15	Can a Bit of Cannabis help? New Advances in Medical Marijuana	Nassima Ait-Daoud Tiouririne, MD & J. Andrew Legan, MD
3:15-3:30	Break and Exhibitors	
<b>SESSION 4: CLINICAL PRACTICE UPDATES: PHARM FOCUS</b>		
<b>Ambulatory Breakout</b>		
3:30-4:00	Next-Generation Approaches in Immunotherapy for GI Care	Jennifer Simpson, PharmD
4:00-4:30	Oncology Updates in Novel Immunotherapy Treatment	Alia Lynch, PharmD, BCOP
4:30-5:00	Successful Stewardship: Bugs and Drugs for the Ambulatory APP	Patrick Jackson, PharmD
<b>Inpatient Breakout</b>		
3:30-4:00	Drips and Sticks: Managing Anticoagulation for the Hospitalized Patient	Matt Rubertus, PharmD
4:00-4:30	Stifle the Cascade: Anticoagulation Reversal Options for the Bleeding Patient	Matt Rubertus, PharmD
4:30-5:00	Successful Stewardship: Bugs and Drugs for the Inpatient APP	Stacy Park, MD
<b>Pediatric Breakout</b>		
3:30-4:00	Struggling Young Minds: Common Psychiatric Medications for the Pediatric Patient	Julie H. Roebuck, DNP, RN, PMHNP-BC
4:00-4:30	Comfort is Key: Enteral Sedation for the Pediatric Patient	Carolyn Hill, PharmD & Christine Bryant, PharmD
4:30-5:00	Successful Stewardship: Bugs and Drugs for the Pediatric APP	Sarah Roberts, MSN, RN, ACNP-BC, CPNP-PC
<b>SESSION 5: POSTER PRESENTATION SESSION</b>		
5:00-6:00	Reception (provided) and Poster Presentations	

# AGENDA

## DAY 2 AGENDA

TIME	TOPIC	PRESENTER
7:00-7:55	Registration, Breakfast (provided), and Exhibitors	
7:25-7:45	Gratitude Practice	
7:55-8:00	Opening Remarks	Kathleen Haden, PhD, RN, ANP
<b>SESSION 6: PROFESSIONAL PRACTICE UPDATES</b>		
8:00-8:45	All the Wiser: Improving Wisdom & Wellbeing Infrastructure in Healthcare	Richard Westphal, PhD, RN, PMHCNS-BC, PMHNP-BC, FAAN
8:45-9:15	A Line in the Sand? Drawing Professional Boundaries for Clinician Well-Being	Karen Warburton, MD, FASN, FACP
9:15-9:30	Break and Exhibitors	
<b>SESSION 7: KEYNOTE AND BUSINESS</b>		
9:30-10:15	KEYNOTE Preventable Burdens: Healthcare Disparities, Impact, and Equity for the Socially Disadvantaged	Madeleine Biondolillo, MD, MBA
10:15-11:00	Leveraging Your Value: Building Your Business Case for Advanced Practice	Ashley Apple, DNP, RN, FNP-BC & Becky Compton, DNP, MBA, RN, FNP-C
11:00-11:15	Break and Exhibitors	
<b>SESSION 8: ORAL PRESENTATIONS</b>		
11:15-11:45	Interactive Oral Presentations	
11:45-12:30	LUNCH (provided) and Exhibitors	
<b>SESSION 9: CLINICAL PRACTICE UPDATES</b>		
<b>Ambulatory Breakout</b>		
12:30-1:00	Holding Back: Behavioral and Psychological Factors Affecting the Treatment of Obesity	Lauren Ehrlich, PhD
1:00-1:30	New-Age Diet Pill? Essential Provider Knowledge for Novel Obesity Medications	Katie George, DNP, AG-ACNP
1:30-2:00	Bariatric Surgery: When, Who, Why, and What You Need to Know for the Long Term	Heather Passerini, DNP, ACNP
<b>Inpatient Breakout</b>		
12:30-1:00	Diagnostic Refresh: Chest Xray Speed Review	Juan M. Olazagasti, MD
1:00-1:30	Diagnostic Refresh: Chest CT Speed Review	Juan M. Olazagasti, MD
1:30-2:00	Diagnostic Refresh: Abdominal CT Speed Review	Arthur J. Pesch, MD
<b>Pediatric Breakout</b>		
12:30-1:00	Act Fast: Rapid Assessment and Stabilization of the Decompensating Pediatric Patient	Jermaine Clayborne, MSN, RN, CCRN, CFRN, FP-C
1:00-1:30	Bothersome Bellies: Clinical Decision Making for Abdominal Pain in Pediatrics	Ju Hee Ahn, MD
1:30-2:00	Not Just for the Adults: Obesity Medications in Pediatric Care	Stephanie Keeling, MSN, RN, CPNP-PC
2:00-2:15	Break and Exhibitors	
<b>SESSION 10: KEYNOTE PANEL</b>		
2:15-3:00	KEYNOTE PANEL DISCUSSION Accessibility for the Underserved: The Role, Impact, and Future of Community Health and Telemedicine	Karen Rheuban, MD, Andrew M. Southerland, MD & Kathy Wibberly, PhD
<b>SESSION 11: PROFESSIONAL DEVELOPMENT</b>		
3:00-3:30	Engagement is Key: Tips and Tricks on How to Deliver a High-Level Presentation	Elizabeth A. Powell, PhD
3:30-4:30	PANEL Blazing the Trail in Scholarly Work: APP Tips, Tricks, and Practical Steps to Getting Involved in QI, Evidence-Based Practice, and Research	Lisa Letzkus, PhD, RN, CPNP-AC, FAAN, Jess Malpass, PhD, RN, ACPNP, Martha Thomas, MS, GC & Tanya Thomas, DNP, APRN, AGCNS-BC, OCN Moderator – Kim Elgin, DNP, APRN, ACNS-BC, PCCN, CMSRN, FCNS
4:30-4:35	Closing Remarks and Depart	



# FACULTY & PLANNING COMMITTEE



All are UVA employees unless otherwise noted.

*\*planning committee member*

Ju Hee Ahn, MD, Assistant Professor of Radiology and Medical Imaging

Nassima Ait-Daoud Tiouririne, MD, FASAM, Professor, Vice Chair for Clinical Affairs, Director, Ambulatory Psychiatry, Program Director, General Psychiatry Program, Program Director, Addiction Medicine, Program Director, UVA Center for Leading Edge Addiction Research

Rachel Anderson, ACNP, CCTC, Inpatient APP Lead Nurse Practitioner

Ashley Apple, DNP, RN, FNP-BC, Assistant Professor of Nursing

Meg Barclay, ACNP, Palliative Care

Madeline Biondolillo, MD, MBA, Vice President, Academic Initiatives and Strategic Collaboratives, Premier, Inc., Charlotte, NC

Candace Blades, JD, RN, Director, Advance Care Planning

Lauren Broadhurst, CPC, Billing Quality Educator

Christine Bryant, PharmD, BCPPS, Lead Pharmacist, Clinical Services - Pediatrics, UVA Children's Hospital; Director, PGY2 - Pediatric Pharmacy Residency Program; Clinical Assistant Professor, Virginia Commonwealth University School of Pharmacy

Jermaine Clayborne, MSN, RN, CCRN, CFRN, FP-C, Director, UVA Health's Medical Transport Network

Rebekah Compton, MBA, DNP, RN, FNP-BC, Chief Clinical Officer, UVA Physicians Group, Co-Medical Director, UVA Family Medicine Primary Care Center

Michelle Dawson, MS, AGACNP-BC, RN, Co-Conference Director, Director, APP Fellowship Program\*

Lauren Ehrlich, PhD, Licensed Clinical Psychologist and an Assistant Professor of Psychiatry & Neurobehavioral Sciences

Kim Elgin, DNP, APRN, ACNS-BC, PCCN, CMSRN, FCNS, Lead Clinical Nurse Specialist

Melodye Farrar, MAEd, CHCR, CMP-HC, Director, Continuing Professional Development, School of Medicine\*

Lisa Fuzy, MS, AGACNP-BC, CPNP-AC, Nurse Practitioner, Congenital Heart Surgery

Alexia Gable, CPC, Billing Quality Educator

Katie L. George, DNP, AG-ACNP, Nurse Practitioner with Obesity Medicine, Department of Family Medicine

Stephanie Good, PA-C, Acute Care Surgery\*

Kathleen Haden, PhD, ANP, Emily Couric Clinical Cancer Center\*

Linda L. Hanson, MSM, Continuing Education Program Manager\*

Carolyn Hill, PharmD, BCPPS, Pediatric Clinical Pharmacist

Rachel D.G. Horvath, JD, Claims Litigation Counsel, Piedmont Liability Trust

Patrick Jackson, MD, Division of Infectious Diseases and International Health

Keri Johnson, MSN, FNP-C, Department of Neurology, Stroke Division

Stephanie Keeling, MSN, RN, CPNP-PC, Pediatric Nurse Practitioner, Pediatric Endocrinology

J. Andrew Legan, MD, Addiction Medicine Fellow

Sarah Lepore, MSN, NNP-BC, Interim NICU APP Manager, Neonatal Intensive Care, UVA Children's Health

Lisa Letzkus, PhD, RN, CPNP-AC, FAAN, Associate Professor of Pediatrics, Department of Pediatrics, Division of Neurodevelopmental and Behavioral Pediatrics

Bill Lombardi, DNP, RN, AGACNP-BC, CCRN, Administrator, UVA Center for Advanced Practice, Acute Care Nurse Practitioner – Neurocritical Care\*

Alia Lynch, PharmD, BCOP, Ambulatory Oncology Clinical Pharmacist

Jess Keim Malpass, PhD, RN, ACPNP, Associate Professor of Medicine and Pediatric Hematology-Oncology Nurse Practitioner

Mary Faith Marshall, PhD, FCCM, Professor of Nursing, The Emily Davie & Joseph S. Kornfeld Professor of Biomedical Ethics, Director, Biomedical Ethics, School of Medicine

Joy Miller, MSN, RN, CPNP-PC, CHPPN, UVA Children's Hospital, Pediatric Palliative Care

Marta Moore, MSN, RN, CPNP-AC, Pediatric Critical Care

Mahesh Murugesan, PhD, RN, ACNP-BC, Co-Conference Director, Assistant Lead for Inpatient Cardiology Nurse Practitioners, Department of Cardiology\*

Juan M. Olazagasti, MD, Associate Professor of Radiology and Medical Imaging, Designated Assessor, EPA's, School of Medicine, Entrustment Committee Member, School of Medicine

Stacy Park, MD, Assistant Professor, Division of Infectious Diseases and International Health

Heather Passerini, DNP, ACNP, Department of Surgery

Arthur J. Pesch, MD, Assistant Professor of Radiology and Medical Imaging; Fellowship Director, Abdominal Imaging

Elizabeth A. Powell, PhD, Associate Professor of Nursing, Director, Compassionate Care Initiative, Julie Logan Sands Associate Professor of Business Administration

Kathleen Rea, DNP, RN, ACNS-BC, PCCN, CNL, Adult Health Clinical Nurse Specialist and School of Nursing Clinical Assistant Professor of Nursing\*

Kathryn B. Reid, PhD, RN, APRN, FNP-BC, CNL, School of Nursing Associate Professor, Director, School of Nursing Continuing Education\*

Karen Rheuban, MD, Professor of Pediatrics, Senior Associate Dean for Continuing Medical Education and External Affairs, Director, UVA Center for Telehealth

Sarah Roberts, MSN, RN, ACNP-BC, CPNP-PC, School of Nursing Clinical Instructor of Nursing

Julie H. Roebuck, DNP, RN, PMHNP-BC, Assistant Professor of Nursing, Coordinator, Psychiatric-Mental Health NP Program

Matt Rubertus, PharmD, Clinical Pharmacist – Critical Care/ Emergency Medicine

Carson Shoemaker, PharmD, Clinical Pharmacist

Jennifer Simpson, PharmD, Specialty Pharmacy, Digestive Health Clinic

Andrew M. Southerland, MD, MSc, FAHA, FAAN, Harrison Distinguished Teaching Professor, Professor of Neurology and Public Health Sciences, Executive Vice Chair, Department of Neurology, UVA Stroke Center

Martha Thomas, MS, GC, Cancer Genetic Counselor

Tanya D. Thomas, DNP, APRN, AGCNS-BC, OCN, Clinical Instructor of Nursing

Evan Turnbull, PA-C, Neurosurgery, UVA APP Council Vice President\*

Karen Warburton, MD, FASN, FACP, Associate Professor of Medicine, Director, Clinician Wellness Program, Director, GME Advancement

Suzanne Waters MS, FNP, APRN-BC, Cardiovascular Medicine APP Manager, Interventional Cardiology Nurse Practitioner, Family Practice Nurse Practitioner

Leah Wayner, MSN, RN, ACNP, Nephrology\*

Richard Westphal, PhD, RN, PMHCNS-BC, PMHNP-BC, FAAN, School of Nursing Professor of Nursing, Woodard Clinical Scholar; Co-Director, UVA Health Wisdom and Wellbeing

Kathy Hsu Wibberly, PhD, Kathy H. Wibberly, PhD, Director, Mid-Atlantic Telehealth Resource Center and Director of Research, Karen S. Rheuban Center for Telehealth, Associate Research Professor, Public Health Sciences, School of Medicine

Steven Wiseman MSN, AGACNP-BC, TCRN, CCRN, CEN, Nurse Practitioner, Neurocritical care NNICU/NIMU

Isabel Wright, CPC, Billing Quality Educator

# REGISTRATION

CLOSES SEPTEMBER 30, 2024

## 3 WAYS TO REGISTER AND PAY:

1

This link:

<https://www.nursing.virginia.edu/sonce/advanced-practice-conference-2024>

2

Scan the QR code with your smart phone » » »



3

Navigate to [www.cmevillage.com](http://www.cmevillage.com), click on Live Courses, and scroll to this conference listing

## FEES

	Before Sept. 16	After Sept. 16
Attendee – 2 days	\$225	\$250
Attendee – 1 day	\$150	\$175
UVA Employee – 2 days	\$190	\$220
UVA Employee – 1 day	\$100	\$130
Student – 2 days	\$150	\$200
Student – 1 day	\$100	\$120

### PLEASE NOTE:

Policies on cancellation, payment methods, and accommodation requests can be found in the FAQ section at this website: [www.cmevillage.com](http://www.cmevillage.com)

## ACCREDITATION & DESIGNATION STATEMENTS



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 16.75 Interprofessional Continuing Education (IPCE) credits for learning and change.



University of Virginia School of Medicine and School of Nursing awards 16.75 contact hours to a nurse who participates in this educational activity and completes the post activity evaluation.

University of Virginia School of Medicine and School of Nursing has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

University of Virginia School of Medicine and School of Nursing, as an accredited provider, awards 16.75 hours of participation (consistent with the designated number of ANCC contact hours) to a participant who successfully completes this educational activity.

University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

## For More Information:

<https://www.nursing.virginia.edu/sonce/advanced-practice-conference-2024/>

## Questions:

Contact Linda Hanson, School of Nursing Continuing Education Program Manager » [llh3x@virginia.edu](mailto:llh3x@virginia.edu) » 434-982-4136