

Updates from the Experts: A SON Clinical Series
.....**The “Good Nurse” Narrative, Speaking Up, and the Prevention of Violence in the Workplace****Emily Hauenstein, PhD, LCP, MSN, FAAN**Research Professor and Professor Emerita,
UVA School of Nursing
Associate Editor, Archives of Psychiatric NursingDate: Thursday, November 21st

Time: 4-5 PM

Join via Zoom: [Click here for the Zoom link.](#)

Patient and visitor verbal and physical assaults on nurses, and peer-to-peer incivility and bullying are increasing rapidly. While there are significant negative outcomes for nurses from these behaviors, nurses under report or do not report these assaults that endanger their physical and emotional well-being. Speaking up behaviors seem to be thwarted by other nurses and by nursing and hospital administration, but more importantly, nurses engage in self-imposed silence. There is evidence that nurses gradually learn to curtail speaking up behaviors as they move through their nursing education.

Dr. Hauenstein will present the “good nurse” narrative contrasting it with “good woman” narratives. Both of these are socio-cultural master narratives, narratives that are widely held, and shape behavior across individuals and social groups. A brief introduction to narrative identity theory and master narratives will be provided. Dr. Hauenstein will discuss how the “good nurse” master narrative affects speaking up behavior and self-advocacy, and how it supports on-going workplace assaultive behavior.

Dr. Hauenstein will discuss how nurses may be able to recognize attributes of self and the work environment that serve to silence them and various strategies they can use to strengthen their personal and professional voice. Specific emphasis will be placed on nursing education as a vehicle for setting expectations for a healthy workplace, and for speaking up as a means of actualizing that environment.

Target Audience: Nurses, Physician Assistants, Physicians, Students, and Researchers.

Clinical Updates from the Experts Series Description:

Through participation in the Updates from the Experts series, clinicians will increase knowledge of available research evidence to optimize patient outcomes, describe strategies for translating current evidence to practice settings, and identify gaps in the current clinical knowledge base that, through new research, could be addressed to improve population health.

Credit Offered

- 1.0 AAPA Category 1 CME Credits
- 1.0 AMA PRA Category 1 Credits™
- 1.0 Contact Hours
- 1.0 IPCE Credits
- 1.0 Hours of Participation

Disclosure of faculty financial affiliations

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All individuals involved in the development and delivery of content for an accredited CE/IPCE activity are expected to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stockholder, member of speakers bureau, etc.). The University of Virginia School of Medicine and School of Nursing employ appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to the University of Virginia School of Medicine and School of Nursing of the University of Virginia, Charlottesville, Virginia.

The faculty, staff, and planning committee engaged in the development of this CE/IPCE activity in the Joint Accreditation CE Office of the School of Medicine and School of Nursing have no financial affiliations to disclose.

Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices

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Disclosures:

No one in a position to control the content of this educational activity has disclosed a relevant financial interest or relationship with any commercial interest.

Accreditation & Designation Statements



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This activity was planned by and for the healthcare team, and learners will receive **1.0** Interprofessional Continuing Education (IPCE) credits for learning and change.



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The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine and School of Nursing awards **1.0** contact hours to a nurse who participates in this educational activity and completes the post activity evaluation.

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The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

Questions? Contact sonce@virginia.edu.